

Notice.

For the future, copies of the NURSING RECORD will be on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

Comments and Replies.

Mrs. P., Leamington.—Dr. Playfair's Mother's Milk is made as follows:—Take half a pint of skimmed milk, heat it to about 96° F., and put into the warmed milk a piece of rennet an inch square. Set the milk to stand in the fender, or over a lamp, until it is quite warm. When it is set, take the rennet out, and break up the curd quite small with a knife, and let it stand ten or fifteen minutes, when the curd will sink. Then pour the whey into a saucepan, and let it boil quickly. Measure one-third of a pint of this whey, and dissolve in it, when hot, a powder containing 110 grains of sugar of milk. *When this third of a pint of whey is quite cold*, add to it two-thirds of a pint of new milk and two teaspoonfuls of cream, stirring the whole together. The food should be made fresh every twelve hours, and warmed as required. The rennet can be used for ten days or a fortnight. If the milk is too rich for a weakly-born child, more whey may be added. This milk is supplied ready made by the Aylesbury Dairy Company.

Monthly Nurse.—Ante-partum hæmorrhage may be divided into three classes: accidental, concealed accidental, and unavoidable. Accidental hæmorrhage comes from the placental site of a normally situated placenta. It may occur once during pregnancy and no more. It is usually caused

by a blow, a sudden emotion, or shock. In concealed accidental hæmorrhage, the symptoms are the collapse of the patient, weak pulse, pallor, perhaps slight oozing externally. Abdominally, the uterus may be distended and irregular in shape. Unavoidable hæmorrhage is that of placenta prævia. It may be complete, incomplete, or lateral. The most critical time in placenta prævia is during labour, while the os is dilating. The hæmorrhage is greatest during a pain. In marginal placenta prævia the placenta is attached to the lowest segment of the uterus, the dangerous zone being 2½ inches from the os uteri.

Country Matron.—Miss Breay, 46, York Street, Portman Square, will provide you with the application forms for the Matrons' Council.

Probationer, London.—Gangrene is mortification, or death of a part *en masse*. Ulceration, death of tissue in little bits. Gangrene is produced by obstruction to the circulation. It may be caused by tight bandages, rupture of an artery, as in a bad fracture, pressure of a tumour on a fractured bone or artery, disease of the arteries themselves, or by direct severe injury to a limb.

Doubtful.—We should advise you to wait for the vacancy. The certificate of that training school will ultimately be of more value to you than that of a smaller hospital, even though you may be able to get into the latter at once.

M. A. B.—The character of urine differs at different times of day; specimens for examinations, therefore, should always be put up from the total amount passed during the preceding twenty-four hours.

Miss Leonard, Leeds.—We should advise you to enter an institution where you will obtain a three year's certificate. You will find yourself ineligible for many appointments upon the completion of your training if you take the shorter course, and in our opinion three years is the shortest period in which to obtain an adequate training.

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[previous page](#)

[next page](#)